# JavaScript JSON

The JavaScript JSON stands for JavaScript Object Notation.

It provides a format for storing and transporting data. It is a lightweight human readable collection of data that can be accessed in a logical manner.

1.Text based format(fast to carry huge info)

2. Human readable

3.easy to read / write

## Points to remember

* It generates and stores the data from user input.
* It can transport the data from the server to client, client to server,
* It can also build and verifying the data.

## JSON Syntax

1. While working with **.json** file, the syntax will be like:

1. {
2. "First\_Name" : "value";
3. "Last\_Name": "value ";
4. }

2. While working with JSON object in **.js** or **.html** file, the syntax will be like:

1. var varName ={
2. "First\_Name" : "value";
3. "Last\_Name": "value ";
4. }
5. JavaScript JSON Methods

Let's see the list of JavaScript **JSON** method with their description.

| **Methods** | **Description** |
| --- | --- |
| [JSON.parse()](https://www.javatpoint.com/javascript-json-parse-method) | This method takes a JSON string and transforms it into a JavaScript object. |
| [JSON.stringify()](https://www.javatpoint.com/javascript-json-stringify-method) | This method converts a JavaScript value (JSON object) to a JSON string representation. |